

Dare to be Catholic

Offer Up Your Suffering - Month of _____

Date	Day	Offering		Date	Day	Offering
	Monday				Thursday	
	Tuesday				Friday	
	Wednesday				Saturday	
	Thursday				Sunday	
	Friday				Monday	
	Saturday				Tuesday	
	Sunday				Wednesday	
	Monday				Thursday	
	Tuesday				Friday	
	Wednesday				Saturday	
	Thursday				Sunday	
	Friday				Monday	
	Saturday				Tuesday	
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	Monday				Thursday	
	Tuesday				Friday	
	Wednesday				Saturday	
	Thursday				Sunday	
	Friday				Monday	
	Saturday				Tuesday	
	Sunday				Wednesday	
	Monday				Thursday	
	Tuesday				Friday	
	Wednesday				Saturday	

"When it is all over you will not regret having suffered; rather you will regret having suffered so little, and suffered that little so badly."

--St. Sebastian Valfre