

# 40 DAY FALL MINIMALISM CHALLENGE

OCTOBER 8TH - NOVEMBER 17TH  
WITH STERLING JAQUITH

- |                                  |                          |                                  |                       |
|----------------------------------|--------------------------|----------------------------------|-----------------------|
| <input type="checkbox"/> Day 1:  | Clothes                  | <input type="checkbox"/> Day 21: | Rest/Catch-Up         |
| <input type="checkbox"/> Day 2:  | Shoes                    | <input type="checkbox"/> Day 22: | Kid Room              |
| <input type="checkbox"/> Day 3:  | Master Bedroom           | <input type="checkbox"/> Day 23: | Kid Room              |
| <input type="checkbox"/> Day 4:  | Bathroom                 | <input type="checkbox"/> Day 24: | Toys                  |
| <input type="checkbox"/> Day 5:  | Bathroom                 | <input type="checkbox"/> Day 25: | Toys                  |
| <input type="checkbox"/> Day 6:  | Linen Closet             | <input type="checkbox"/> Day 26: | Games/Dvd's           |
| <input type="checkbox"/> Day 7:  | Rest/Catch-Up            | <input type="checkbox"/> Day 27: | Car                   |
| <input type="checkbox"/> Day 8:  | Pantry                   | <input type="checkbox"/> Day 28: | Rest/Catch-Up         |
| <input type="checkbox"/> Day 9:  | Dishes/Cups              | <input type="checkbox"/> Day 29: | Homeschool Curriculum |
| <input type="checkbox"/> Day 10: | Appliances               | <input type="checkbox"/> Day 30: | Homeschool Supplies   |
| <input type="checkbox"/> Day 11: | Junk Drawer              | <input type="checkbox"/> Day 31: | Craft/Hobby Area      |
| <input type="checkbox"/> Day 12: | Refrigerator             | <input type="checkbox"/> Day 32: | Coat Closet           |
| <input type="checkbox"/> Day 13: | Kitchen Other            | <input type="checkbox"/> Day 33: | Laundry Room          |
| <input type="checkbox"/> Day 14: | Rest/Catch-Up            | <input type="checkbox"/> Day 34: | Cleaning Supplies     |
| <input type="checkbox"/> Day 15: | Office (Paper)           | <input type="checkbox"/> Day 35: | Rest/Catch-Up         |
| <input type="checkbox"/> Day 16: | Office (Supplies)        | <input type="checkbox"/> Day 36: | Decorations           |
| <input type="checkbox"/> Day 17: | Computer (Email/Folders) | <input type="checkbox"/> Day 37: | Garage                |
| <input type="checkbox"/> Day 18: | Computer (Photos)        | <input type="checkbox"/> Day 38: | Garage                |
| <input type="checkbox"/> Day 19: | Living Room              | <input type="checkbox"/> Day 39: | Attic                 |
| <input type="checkbox"/> Day 20: | Books                    | <input type="checkbox"/> Day 40: | Rest/Catch-Up         |

You may spend more time on any area. If there is a day that doesn't apply to you, perhaps you don't homeschool, then spend more time on a larger area like the garage or an area of your home that isn't listed specifically (i.e. guest room, mud room, extra closets, etc.)

Visit [www.sterlingjaquith.com/minimalism](http://www.sterlingjaquith.com/minimalism) for more details

